Ways We Communicate

An Easy Read guide

This is an Easy Read document. It uses simple words and pictures.

People communicate in many ways

	Talking with words.
	Pointing, or using hands and body.
	Pictures, symbols, or a talking device.

Behaviour is communication too

	Sometimes behaviour tells us how someone feels. This happens when words are hard to find.

How to help

	Watch and listen in every way, not just words.
	Give time to answer.
	Let the person use pictures if that helps.